



# WESTERN DISTRICT CAMPING MINISTRIES COMMITTEE

## Health Information & Activities Permission Form

Camper/Staff Name:

Camp Session:

### Personal Information:

Camper/Staff Address:

Date of Birth:

Parent/Guardian Name:  
(Emergency Contact #1  
for Staff)

Cell:

Work:

Other Emergency Contact:

Cell:

### Camper's Personal Insurance Information:

Carrier/Plan Name: \_\_\_\_\_ Group #: \_\_\_\_\_

Insured Name: \_\_\_\_\_ SS# or Insurance ID#: \_\_\_\_\_

Carrier Address: \_\_\_\_\_  
\_\_\_\_\_

### Authorizations/Permissions (Please check):

- I hereby give permission to the health professional selected by the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for insurance purposes. I give permission to the camp to arrange necessary related transportation for camper. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the camper/staff named above. I understand the information on this form will be shared on a "need to know" basis with camp staff.
- The camper/staff has permission to leave camp property with authorized camp personnel to participate in off-site activities such as canoeing, caving, hiking, overnight camping. In addition, this form may be copied for such trips.
- This camper/staff can participate in all programs and activities of the camp without restrictions

### Allergy Information:

Does camper/staff have allergies?    Yes        No        If Yes, please list all allergies (food, medicine, asthma, bee stings, etc.)

Camper/staff has never been stung by a bee, so we are unsure if he/she is allergic.

Please describe any restrictions (dietary, no running, no swimming, etc. or other information you feel to be important.) \_\_\_\_\_

**Medication:**  This camper/staff will not take any daily medication while attending camp.

If your camper/staff will be taking any type of medication, including vitamins & natural remedies:

- be sure camper name, medication name & how medication is to be given is clearly marked on container(s).
- bring prescription medicines in the original pharmacy containers with directions & dosage label.
- please bring only the amount of each medication the camper will need at camp.
- fill out medication form below.

Name of Medication	Reason for taking	Dosage	How given?	When given?				
				Breakfast	Lunch	Dinner	Bedtime	Other

Are there any medications that the camper/staff member should NOT be given? This includes any pain relievers, cough medicines, aloe, antihistamines, antibiotic cream, band-aids, etc... **Please list all that apply.**

I certify that my child/I is/am up-to-date on all required immunizations. I relieve the camping facility of any responsibility for issues which may arise should this information be false. Please attach a copy of your child's or the staff member's immunization records. Make sure that this includes your child's or your(staff) last tetanus shot.

**General Health History:** Please circle the answer to these questions and explain any "yes" answers in the space below.

Has/does the camper/staff:

- |  |     |    |  |     |    |
|--|-----|----|--|-----|----|
| ever been hospitalized?.....                   | yes | no | have fainting or dizziness?.....                 | yes | no |
| ever had surgery?.....                         | yes | no | passed out/had chest pain during exercise?.....  | yes | no |
| have recurrent/chronic illnesses?.....         | yes | no | had mononucleosis during the past 12 months?..   | yes | no |
| had a recent infectious disease?.....          | yes | no | if female, have problems with menstruation?..... | yes | no |
| had a recent injury?.....                      | yes | no | have problems with falling asleep/sleepwalking?  | yes | no |
| have asthma/wheezing/shortness of breath?..... | yes | no | have back/joint problems?.....                   | yes | no |
| have diabetes?.....                            | yes | no | have bedwetting problems?.....                   | yes | no |
| have headaches?.....                           | yes | no | have problems with diarrhea/constipation?.....   | yes | no |
| have skin problems?.....                       | yes | no |  |     |    |

- |   |     |    |
|---|-----|----|
| ever been treated for attention deficit disorder (ADD) or attention deficit/hyperactivity disorder (ADHD)?.....             | yes | no |
| ever been treated for emotional or behavioral difficulties or an eating disorder?.....                                      | yes | no |
| seen a professional to address mental/emotional health concerns in the past 12 months?.....                                 | yes | no |
| had a significant life event that continues to affect the camper's life? (abuse, death of a loved one, family changes)..... | yes | no |

**Please explain any "yes" answers here or on another sheet of paper if necessary.**

"I verify that this health history is correct and accurately reflects the health status of the camper/staff to whom it pertains."

\_\_\_\_\_  
Signature of Custodial Parent/Guardian of camper/Staff member

\_\_\_\_\_  
Date